

# MIRIAM F. THOMSON

**Visual Artist | Arts-Integrated EFL Educator | Arts & Health Advocate**

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## PROFILE

Multidisciplinary British visual artist and certified EFL instructor with a passion for arts-based education, wellness, and social impact. I bring together over a decade of creative and educational experience—ranging from immersive English teaching through the arts to curating exhibitions and leading community art events.

My practice explores memory, nature, and emotional connection with the landscape. I am particularly committed to bringing visual art into hospitals, care homes, and wellbeing spaces, using creativity to uplift, calm, and connect.

I am actively seeking collaboration with healthcare organisations, mental health initiatives, and public art programmes that value the role of the arts in healing and human connection.

Additionally I've been a regular choir member since 2022 for Nottingham Playhouse and United Voices Choir performing at various events ranging from House of Lords London, Playhouse main auditorium stage, Players Hall at Nottingham High School to more local community events such as Binx's Yard Nottingham, Light Night at Nottingham Central Library and Sherwood Art Week.

## OBJECTIVE

To expand the presence of my artwork and creative teaching practices into hospital, care, and therapeutic environments, combining my background in visual arts, arts administration, and English language education to foster emotional engagement and wellbeing.

## EDUCATION

CELTA, University of Cambridge, English Level 5 Certificate in Teaching English to Speakers of Other Languages · (January 2022 - April 2022)

Birkbeck, University of London | MA, Arts Policy and Management · (2011 - 2013)

Wimbledon College of Arts | BA, Fine Art Sculpture · (2005 - 2008)

Pitman Training Group | Diploma, Business Marketing and Public Relations · (2008 - 2009)

THE TEFL ACADEMY - TEFL LEVEL 4 (120 HOURS), Teaching's English as a Second or Foreign Language/ESL Language Instructor · (2017 - 2018).

## UK & INTERNATIONAL EXHIBITION HISTORY

2022 - 2024   Hayloft Gallery	<i>Untitled</i>	Hayloft Gallery, Nottinghamshire, UK
2022   Group Exhibition Beşiktaş/İstanbul	Space	Vişnezade, Süleyman Seba Cd. 58/1, 34357
2022   Group Exhibition Kadıköy / İstanbul	Summer Adventure	Rasimpaşa Mah. Bayramyeri Sok No:15 34750
2011   Group Exhibition	<i>Mystical Realms</i>	Brick Lane, London, UK
2008   Degree Show	<i>Untitled</i>	Wimbledon College of Arts, London, UK
2007   Mock Degree Show	<i>Untitled</i>	Wimbledon College of Arts, London, UK

(My work was titled 'Beneath The Surface' featured in the media - Nottingham Evening Post).

## CERTIFICATIONS

Fundamentals of Project Planning and Management |  
University of Virginia Darden School of Business

Copyright and the Business of Creative Industries | CISAC

Dementia and the Arts: Sharing Practice, Developing  
Understanding and Enhancing Lives | UCL (University  
College London) and Created Out of Mind

Introduction to Psychology: The Psychology of Learning |  
Monash University

Teaching English Online (Cambridge Assessment English).  
Learn WordPress & Build a Website in a Day

Data Protection Act 1998

How to Write Your First Song

City, University of London Strategic Digital Marketing -  
(2015 - 2015)

## SKILLS

### Tools & Technologies

MS Office

WordPress

Raiser's Edge

I Movie

### Industry Knowledge

Contemporary Art | All

Arts

Art History

Curating

Art Exhibitions

Social Media & digital  
platforms

### Core Skills

Adobe Suite

Arts Administration

Public Relations

Photography | Digital

Painting

Arts & Craft Projects

Colour theory

Design

Online Workshops

Mindfulness Painting

## HIGHLIGHTS OF RELEVANT EXPERIENCE

### Visual Artist with International Exhibition History

- Art practice centered on emotional landscapes, memory, time, and the natural world.
- Featured in exhibitions across the UK and Turkey, including wellness-informed themes.
- Created a body of calming, immersive work well-suited for healthcare and care settings.

### Arts & Health Practice

- Voluntary Mindfulness Painting Facilitator during the pandemic (2020–2021): Hosted free Zoom sessions focused on creativity for mental health, integrating painting with gentle language learning.
- Certified in Dementia and the Arts: Sharing Practice, Developing Understanding and Enhancing Lives (UCL / Created Out of Mind).

- Actively pursuing opportunities to place art in hospitals, clinics, and care homes.

## Arts-Integrated EFL Educator

- Delivered immersive ELT instruction using drama, music, visual arts, and movement (Turkey, 2018–2022).
- Developed all original teaching materials using craft and creative storytelling as language tools.
- Created inclusive and nurturing learning environments, with a focus on emotional wellbeing.

## OTHER ARTS PROJECTS

### Arts Research | Self-Employed

Dates volunteered Feb 2012 – Oct 2012 Volunteer duration 9 mos

Cause | Arts and Culture

I began researching the first ever Santorini Biennale online in February 2012 and in September 2012 visited all the venue spaces in Santorini in person, met the Founding Director and interviewed some of the key curatorial team members. I also gifted all my photography taken of the art work and venues to be used online and for their catalogue purposes.

### Carpe.diem | Director / Co-Founder

Dates volunteered Apr 2011 – Jun 2011 Volunteer duration 3 mos

Cause | Arts and Culture

I co-founded an arts collective Carpe.diem with Louise Fitzjohn in 2011. We successfully generated a 3 day festival on Brick Lane at 149 Monty's Bar and Lounge in London, 'Mystical Realms'. This involved film, painting, installation art (site-specific), textiles, sculpture, projection and much more including a special cocktail that was sold.

Mystical Realms was a group show featuring upcoming and established artists based in London, exploring the theme of 'Myth' through the artist's individual interpretation.

The show featured 14 Artists and 3 DJs including Louise and myself.

It was very successful, featuring a whole spectrum of media and styles of creative practice from site-specific to 2D / 3D compositions. The show also resulted in some further exhibitions and events for the artists leading to galleries wanting to represent them and also some private art sales were made of the artist's work to collectors.